

## LEWIS HONORS COLLEGE (LHC) EXPERIENTIAL EDUCATION COURSE OPTIONS

Course decision charts & detailed descriptions *\*Check with your major college(s) for additional opportunities to earn credit that can count towards the honors college required six credits of experiential education.*

### HONORS EXPERIENCES – WHAT TO KNOW

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Honors Experiences include undergraduate research, education abroad, experiential learning, and service-learning opportunities – and provide unique ways for Honors students to expand their horizons by conducting academic research, learning from professionals in their field, working with community service agencies, or by immersing themselves in other cultures around the world.

Six credit hours of experience credit is required to complete the requirements within the Honors College; below you will find an overview of the Honors-specific ways to gain experience credit. Remember, many majors have required or optional courses that can also count toward these requirements – these are simply the extra options you have available to you here via the Lewis Honors College curriculum. For additional options that are not Honors-specific you can [find more details here](#).

### INTERNSHIPS

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#### PT or FT?

PT >>>> Honors EXP 396

FT>>>>> **During the summer?**

YES, Summer for zero credit >>>> HON 386 (no tuition charges; no credits for major/degree but counts towards 3 of 6 required for LHC)

YES, Summer for credit >>>>>> Honors EXP 396 (variable 1-3 credit hours; per credit hour tuition charges apply)

NO, Fall or Spring Semester >>>>> **Taking any other classes?**

YES, taking additional classes >>>>> Honors EXP 396 (variable 1-3 credit hours; can be part of regular course load)

NO, only doing FT internship >>>>>> Honors EXP 397 (1 credit hour place holder for FT benefits; counts towards 3 of 6 required for LHC)

## OVERVIEW: HONORS-SPECIFIC INTERNSHIPS

- **Honors EXP 396:** This course provides credit for those in non-UK experiences over the fall and spring semester or non-full-time experiences in the summer (internships, REUs, etc.). Please contact [Aryn Wright](#) for enrollment. \*
- **Honors EXP 397:** This course provides credit for those in non-UK experiences over the Fall or Spring semesters and are working full time without taking any other UK courses. Honors EXP 397 is a Pass/Fail, 1 credit hour course that counts for Honors Experience credits, assessed on a case-by-case basis. This experience could potentially count for up to 6 credits of Honors Experience. Enrollment status will show as full-time in the system, which addresses the concern about scholarships, insurance, student loans, etc. that require students to have full-time enrollment. Students only pay for 1 credit hour, as opposed to a full-time course load. \*
- **HON 386 (summer only):** Internship Experience, 0 credits. This course is offered to allow students to receive a transcript notation for a significant summer internship experience, counting toward 3 of the 6 required Honors experience credit hours. An internship includes significant mentoring from the employer that complements the student's studies. The internships that qualify for HON 386 must be **full-time** (30 hours/week or more; minimum of 200 hours total) for a student to fulfill 3 credits of Honors experiential education expectations. **Unpaid internships** will only be approved for internships with a non-profit. HON 386 cannot be used in conjunction with an **Education Abroad** program. Interested students should submit a [HON 386 Proposal](#), which requires a position description prior to **June 15** to [Dr. Ryan Voogt](#). At the end of the summer, students must submit an **HON 386 Final Report**, which includes a verification from the employer regarding the student's participation in the internship to pass the course. This form must be submitted prior to the first day of fall semester classes.

**NOTE:** You may take HON 386 or Honors EXP 396 multiple times, but it is strongly advised that you not repeat the same internship experience more than one semester. If you take Honors EXP 396 a second time, you will be enrolled in the course with a different set of assignments than during the first enrollment. Students are encouraged to gain different experiences, develop new skills, and engage in different academic reflection, ideally at diverse sites of engagement and within dynamic roles.

*\*Additional Information for the Honors EXP 396 and Honors EXP 397 enrollment processes are on page 4-6.*



# EDUCATION ABROAD

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## HONORS-SPECIFIC EDUCATION ABROAD

- **HON 352: Study and Travel Abroad.** An experiential, travel-abroad course that requires pre-travel class preparation followed by travel abroad that will provide students with multi-cultural exposure, leadership, and a new frame of reference for understanding the world and their role in it.

## REGISTRATION for Honors EXP 396 & Honors EXP 397

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### Honors EXP 396— Enrollment Process

**Students with part-time internships (any time of year) or full-time internships (summer only) should register for Honors EXP 396.**

- Honors EXP 396 is a Pass/Fail, variable credit course based on the number of hours worked at the internship site.
- We ask that students register for the internship seminar as soon as the offer is accepted. If your offer was given after the add/drop period has ended, you are still eligible to enroll up until the midterm deadline of the semester you are looking to receive credit. Once the midterm of the semester is reached, internship credit cannot be added.
- NOTE: You may take Honors EXP 396 multiple times, but it is strongly advised that you not repeat the same internship experience more than one semester. If you take HON 386-Honors a second time, you will be enrolled in the course with a different set of assignments than during the first enrollment, and those assignments will be developed by your faculty sponsor in tandem with your learning goals.

### How to Register for Honors EXP 396:

1. Secure an internship offer from an employer.
2. Develop at least three specific learning objectives for your experience. Objectives should be measurable and within reason during the timeframe of your internship.
3. Meet with [Aryn Wright](#) at the Lewis Honors College Center for Personal Development to discuss your plans, goals, and hours.
4. Complete EXP Learning Contract found on Handshake at <https://uky.joinhandshake.com/experiences/new>  
Steps to submit your enrollment form
  - Log into handshake using your LinkBlue username and password
  - Select the Career Center tab and choose Experiences as the drop-down option
  - Select Request an Experience

- Select 396 Internship under "Experience Type" and select **either** EXP 396 Experiential Education (Honors-First Time) **OR** EXP 396 Experiential Education (Honors- Additional Experience). If you have taken EXP 396 in Honors in the past, then you will choose the 'Additional Experience' option. Aryn Wright will serve as your faculty sponsor.
- Complete the entire form for approval. Stuckert Career Center Staff and your faculty sponsor will review your application and contact you with any follow-up questions. You will see the course added to your schedule on MyUK.

### Academic Components of the Course

1. The number of credit hours you can earn from an internship is related to the number of hours worked. Below are the minimum work hours required to earn the credit hours specified for a *paid or unpaid internship*.
  - 1 credit = 48 total work hours
  - 2 credits = 96 total work hours
  - 3 credits = 144 total work hours
2. In addition to the hours, you complete onsite, you are responsible for completing the Honors EXP 396 web-based seminar and related assignments. The course is accessible on Canvas and can be completed from any location. A course syllabus will be provided upon enrollment.

### Honors EXP 397– Enrollment Process

**NOTE:** Students with a **full-time internship for fall or spring semester** should register for Honors EXP 397. Honors EXP 397 cannot be earned during summer terms.

Honors EXP 397 is a Pass/Fail, 1 credit hour course that counts for Honors Experience credits, assessed on a case-by-case basis. This experience could potentially count for up to 6 credits of Honors Experience

- Enrollment status will show as full-time in the system, which addresses the concern about scholarships, insurance, student loans, etc. that require students to have full-time enrollment. Students only pay for 1 credit hour, as opposed to a full-time course load.
- Students should not take any other courses during the semester in which they complete Honors EXP 397.
- The internship **MUST** be a paid internship.

### How to register for EXP Honors 397:

1. Secure an internship offer from an employer.
2. Develop at least three specific learning objectives for your experience. Objectives should be measurable and within reason during the timeframe of your internship. The objectives are entered as part of the application.
3. Meet with [Aryn Wright](#) at the Lewis Honors College Center for Personal Development to discuss your plans, goals, and hours.

4. Complete the EXP Learning Contract **within two weeks of starting your internship**. It can be found on Handshake at <https://uky.joinhandshake.com/experiences/new> .

Steps to submit your enrollment form

- Login to handshake using your LinkBlue username and password
- Select the Career Center tab and choose Experiences as the drop-down option
- Select Request an Experience
- Select EXP 397 Internship under "Experience Type" and select Aryn Wright as your faculty sponsor
- Complete the entire form for approval. Stuckert Career Center Staff and your faculty sponsor will review your application and contact you with any follow-up questions. You will see the course added to your schedule on MyUK.

In addition to the hours, you complete onsite, you are responsible for completing the Honors EXP 397 web-based seminar, which is comprised of four modules of content and related assignments. The course is accessible on Canvas and can be completed from any location. A course syllabus will be provided upon enrollment.